VIETNAM

CARRY-ON ONLY PACKING LIST

*Aim for maximum 20 items of clothing, give or take, to pack light (including shoes) *Tops x *Tolletries + Health *Some of these toiletries you could also just buy when you arrive to pack light Topthbrush/Toothpaste

Tops x	Toothbrush/Toothpaste
Bottoms x	☐ Deodorant
Dresses x	☐ Hairbrush/comb
☐ Jacket/Jumper x 1	Hair ties
*a light cardigan even in summer for transport or cool	Shampoo/Conditioner
nights. In colder months in the North a warmer jacket may	Other hair products
be necessary.	Shaving Items
Undergarments (enough for 1 week)	First Aid Kit (bandaids, antiseptic, tweezers)
*include a sports bra if you have an active trip planned	Sunscreen
Pyjamas x 1	Cleanser
Swimmers x 1 or 2	Moisturiser
*for the beach towns, Halong Bay or hotel pools	Makeup
Summer Accessories (hat, sunglasses)	Prescription Medications/Glasses/Contacts
	Insect Repellent
	Medication (Paracetamol, Ibuprofen, cold +
	flu tablets, Imodium, Probiotics)
	Simple first aid (bandaids, tweezers,
SHOES	Betadine/antiseptic)
*Try not to pack more than 3 or 4 pairs of shoes if you want to	
pack light Joggers x 1	H
Sandals x 1	•
	ELECTRONICS
☐ Thongs (Flip-Flops) x 1	ELECTRONICS Camera + memory card + charaer
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months	Camera + memory card + charger
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder	Camera + memory card + chargerPhone + charger
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months	Camera + memory card + charger
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder	Camera + memory card + chargerPhone + charger
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities)	Camera + memory card + chargerPhone + charger
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAYEL DOCUMENTS Passport (with Vietnam Visa)	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards Small amount of local currency	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf Mini Tissue Pack
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards Small amount of local currency Flight Tickets	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf Mini Tissue Pack Flight/Compression Socks
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards Small amount of local currency Flight Tickets Soft copy of other documents (including	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf Mini Tissue Pack Flight/Compression Socks Passport Holder
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards Small amount of local currency Flight Tickets	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf Mini Tissue Pack Flight/Compression Socks Passport Holder Headphones
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards Small amount of local currency Flight Tickets Soft copy of other documents (including photocopies of important documents, travel insurance	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf Mini Tissue Pack Flight/Compression Socks Passport Holder Headphones Pen + Paper
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards Small amount of local currency Flight Tickets Soft copy of other documents (including photocopies of important documents, travel insurance	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf Mini Tissue Pack Flight/Compression Socks Passport Holder Headphones
Thongs (Flip-Flops) x 1 *exchange these for boots or ballet flats in colder months Ballet flats x 1 (if going in slightly colder weather in cities) TRAVEL DOCUMENTS Passport (with Vietnam Visa) Debit/Credit Cards Small amount of local currency Flight Tickets Soft copy of other documents (including photocopies of important documents, travel insurance	Camera + memory card + charger Phone + charger Electronic Adaptor/Plug IN YOUR HANDBAG/WITH YOU Light Scarf Mini Tissue Pack Flight/Compression Socks Passport Holder Headphones Pen + Paper